



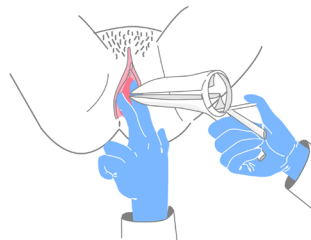
Appendix 2: How to perform vacuum aspiration



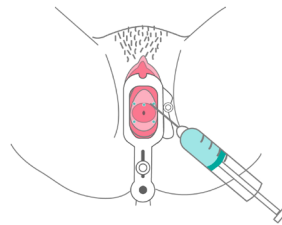
The vacuum aspiration abortion step-by-step



- 1** The procedure will begin with a **pelvic or speculum exam**.

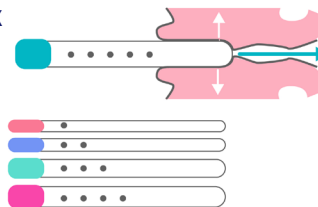


- 2** A local **anesthetic** is injected next to the cervix.



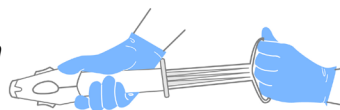
- 3** The clinician will **dilate the cervix** with instruments called cervical dilators.

These dilators gradually increase in size depending on the number of pregnancy weeks.



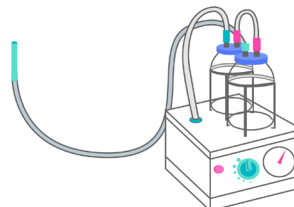
- 4** Once the desired dilation is achieved, the clinician will perform the **aspiration** and remove the pregnancy.

A) with a silent, handheld suction device for **manual vacuum aspiration (MVA)**.



OR

B) with an electrical machine for **electric vacuum aspiration (EVA)**.



- 5** After removal of the pregnancy, the provider may choose to do an ultrasound, then the woman is allowed to **rest**.



Source: Source: Reproduced/translated/adapted with permission from Safe2Choose. Guide to a Safe Manual Vacuum Aspiration (MVA). London. Safe2choose; 2022. Available at: <https://safe2choose.org/safe-abortion/inclinic-abortion/manual-vacuum-aspiration-mva-procedure>