Nearly half of Fijians are young people, and the lack of programmes for young people on sexual and reproductive health and rights is contributing to poverty and inequality. For nearly fifteen years, the Reproductive and Family Health Association of Fiji (RFHAF) has been working to expand access to comprehensive sexuality education.

**Approach**

To reach all vulnerable groups of young people, RFHAF has implemented programmes where young people are – both in and out of schools – and has recruited young people to help design, deliver and evaluate the programmes. Its range of programmes includes:

- **TRAINING** out-of-school young people as community educators
- **TRAINING** in-school young people as peer educators
- **CERTIFYING** peer and community educators to be trainers of trainers
- **ENGAGING** young people to lead and implement community campaigns
- **FOSTERING** emerging leaders through empowerment and skills camps

To maximize its impact, RFHAF partnered with key government and social institutions, targeting relevant gatekeepers. It also developed and widely distributed important resources to promote and sustain quality youth programmes.

**EDUCATION**
- Educational expos in schools and communities
- Village community education course

**ADVOCACY**
- At policy level with partnering line ministries
- Themed campaigns during athletic games and festivals

**CONTRIBUTING FACTORS**

- **TRAINING** Gate keepers (School principals and community leaders)
- **PARTNERSHIP** Working with Ministry of Youth: Seeds of Success Programme

These country examples show how IPPF Member Associations are already implementing key elements of the new Strategic Framework. To deliver our new goals, Member Associations will have opportunities to capitalize on the achievements of peer organizations.
Results

From 2010 to 2014, RFHAF has dramatically increased the number of young people, school principals, teachers and nurses who are accessing its comprehensive sexuality education, sensitization and training programmes. The Member Association credits its success to the multi-faceted approach it employed, including by networking and collaborating with key audiences and gatekeepers, and its use of creative methods for raising awareness.

More examples of our Member Associations’ work can be found on our website: www.ippf.org.

The International Planned Parenthood Federation (IPPF) is a global service provider and a leading advocate of sexual and reproductive health and rights for all. We are a worldwide movement of national organizations working with and for communities and individuals.

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